



www.libertymgt.com

Adolescent Substance Abuse
& Psychiatric Treatment



INPATIENT LOCATIONS

Arms Acres

75 Seminary Hill Road
Carmel, NY 10512
800-989-2676 x6108
www.armsacres.com

Conifer Park

79 Glenridge Road
Glenville, NY 12302
800-989-6446
www.coniferpark.com

Holliswood Hospital

87-37 Palermo
Holliswood, NY 11423
800-486-3005
www.holliswoodhospital.com



OUTPATIENT SERVICES

are available in the following locations

Bronx ■ 718-716-4400 x2267

Carmel ■ 845-225-5202

Florida ■ 845-651-6161

Glen Falls ■ 518-793-7273

Glenville ■ 518-399-6446 x121

Liverpool ■ 315-453-3911

Plattsburgh ■ 518-561-0130

Port Ewen ■ 845-339-8707

Rochester ■ 585-442-8422

Schenectady ■ 518-372-7031

Troy ■ 518-274-5143

Queens ■ 718-520-1513

Yorktown Heights ■ 845-225-5202



We accept most insurances, Medicaid and HMO's



Arms Acres ■ Holliswood Hospital ■ Conifer Park

Adolescent Substance Abuse & Psychiatric Treatment



Family Program

When someone you love is suffering from a mental illness or using alcohol and/or drugs, it not only affects the patient, it affects the entire family structure.

With that in mind, our facilities offer a Family Treatment Program designed to help family members and other loved ones gain an understanding of the disorder and/or the addiction. Our goal is to provide an opportunity for all to start the healing process.

How to access our Services

Clients are typically referred by friends, family, religious leaders, community agencies and private practitioners. We strongly encourage clients to continue with their individual therapists while attending treatment.

How to set up an Appointment

When calling to set up an appointment, we encourage our referral sources to have both clinical and insurance information at hand. An intake appointment will be set up in an expeditious manner. Referral sources are key to our success and it is our goal to work actively with community agencies, religious institutions, schools, private therapists and hospitals. Adolescents must be accompanied by at least one parent.

- Does your teenager seem to be withdrawing from friends and family?
- Is your teenager experimenting with drugs or alcohol?
- Are your teenager's grades slipping?
- Has your teenager lost interest in his/her extracurricular activities?
- Has your teenager spoken about hurting themselves, or are they obsessed with violence or death?
- Has your child changed friends? Do you know your teenagers friends?
- Does your teenager seem depressed? Weepy? Angry?
- Is your teenager having problems sleeping? Eating?



Patients are placed into one of the four distinct treatment tracks within the same treatment unit based upon presenting clinical issues and motivation level.

Mandated and Externally Motivated Patients

Special focus is given to enhancing motivation and preparing patients to safely transition to the next level of care. Patients identify and address the direct negative consequences resulting from chemical use.

Anger Management

Special focus given regarding significant issues related to mismanagement of anger and other related emotions as a means of stabilizing and arresting behaviors that could result in direct injury to self or others.

Dual Focus

Special focus given to coexisting issues ranging from ADHD, Mood Disorder and substance induced mental health issues/ symptoms. Includes strategies for symptom management as well as evaluation/medication management..

Internally Motivated

Utilizing a CBT approach, patients are educated regarding the abstinence model of recovery, exposed to the 12-step framework and develop a community based sober support network.

Contact one of our locations listed on the back cover for more information about our programs.

Providing Inpatient and Outpatient Services to Adolescents experiencing Emotional disturbances, Psychiatric symptoms and/or Substance Abuse Issues

Arms Acres, Conifer Park, and Holliswood Hospital have been leaders in treating Adolescent Issues for over 20 years. Providing both inpatient and outpatient treatment to adolescents 11-17 years old, we are able to provide a true continuum of care throughout the New York City Region, the Hudson Valley, and the Upstate Regions. We also service New Jersey, Connecticut, and Vermont.

Adolescent Substance Abuse & Psychiatric Treatment

The **Holliswood Hospital Inpatient Adolescent Program** offers therapeutically intensive, coordinated clinical services for adolescents who may be experiencing an emotional disturbance and/or psychiatric symptoms that seriously limit their ability to function adequately with their family, school and community.



Arms Acres and Conifer Park offer inpatient and outpatient treatment to substance abusing adolescents by treating the disease of chemical dependency with the goal of rehabilitating the adolescent's physical, mental and spiritual life. The treatment program is multidisciplinary in scope and individualized in approach.

Arms Acres, Conifer Park and Holliswood Hospital realize that not all adolescents are equally motivated to make the necessary changes to ensure continued health and success post-treatment. With this in mind we utilize two evidenced based treatment approaches to engage adolescents in the treatment process despite cognitive, developmental and motivation deficits. We utilize both Motivational Enhancement and Cognitive Behavioral therapeutic approaches in engaging, educating and treating adolescents

