

Arms Acres

Through the Years



Winifred Arms

and her husband, Robert, dedicated their lives to helping those suffering from chemical dependency. As the story goes, Mr. Arms, a recovering alcoholic himself, was known to bring suffering addicts into his home in the Berkshires. Ironically, Robert Arms was killed by a drunk driver in 1971. In the years following his death, Winifred continued their dedication to the cause of helping alcoholics into recovery. She opened the doors of Arms Acres in March, 1982. Mrs. Arms died in 1995.

Recovery is Within Arms Reach

Arms Acres has grown to a 146-bed facility, treating both adolescents and adults for substance abuse issues. Arms Acres also manages five Outpatient Centers located throughout the New York Metro region. To date, over 35,000 people have walked through the doors of Arms Acres in search of recovery. The legacy of Winifred and Robert Arms lives on with every patient Arms Acres helps achieve the goal of adopting a healthier life free of drugs and alcohol.

